



3 DAYS OF THE KEMPEN 2018



Dear Orienteering Friends,

The "Kempische Oriëntatielopers", wish you all a warm welcome on the "3 Days of the Kempen" In the club's history this will be the 13th time that we organize this multi-day event. In the beginning this was a bi-annual event, but since the early nineties, the event is organized every 3 years. It is now 20 years ago since we last used "Don Bosco" as event centre for our competition. The map on day 3 was used for the JWOC relay of 1997. We are very grateful that we could count on the support of the school of "Don Bosco", the community council of Hechtel-Eksel, our national Defence and especially the commander of the unit of Beverlo. Also, a special word of gratitude to "Sport Vlaanderen". In the name of the organizing committee and personally, I wish everybody a very pleasant stay in the province of Limburg. I also wish you a lot of satisfaction in your orienteering endeavours. Above all, I wish this competition can take place in an atmosphere of fair play and friendship.

Luc Heuninckx

Chairmen

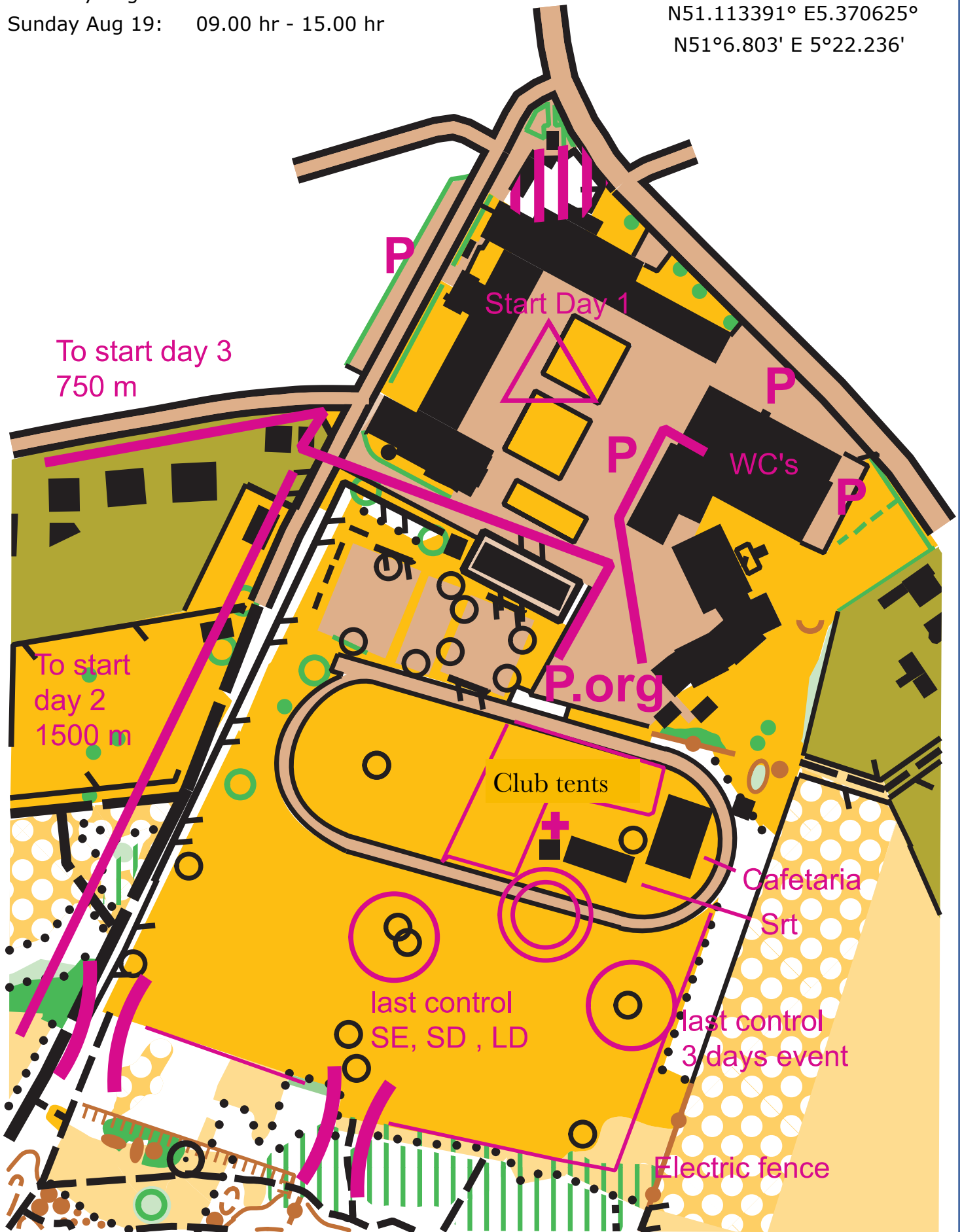


Competition center:

Friday Aug 17: 12.00 hr - 20.30 hr
Saturday Aug 18 : 09.00 hr - 15.00 hr
Sunday Aug 19: 09.00 hr - 15.00 hr

Roadsigns on the road

Hechtel - Helchteren:
N51.113391° E5.370625°
N51°6.803' E 5°22.236'



Maps: IOF-norms 1/10000, 1/7500 and 1/5000; height interval 2m, update Spring 2018. All maps with plastic cover.

Terrain: The terrain is a typical variation of the Campine landscape, from open to semi-open terrain, with planted pine forests. The open and semi-open terrains are very runnable. The pine forest where some years ago felling was done, are sometimes difficult to very difficult to run through. These parts have a very dense path structure. The moveable hunting chairs are not drawn on the map, the wooden fixed ones are drawn. On day 2 and especially on day 3 the runners will see traces of the spring storms (fallen trees).

Day 1 middle distance: The main part of the competition will take place in a sand dune area with pine forests and very many details with intrinsic contours. The longest courses will also run in a flat area, in this area sheep are grazing in a fenced area. The fence will not be electrified on the competition day.

Day 2 long distance: 60% of the competition is run in open and semi-open terrain. In the North – West you will find long stretched sand dunes. As for day one this terrain is very runnable, except on places where the heather has grown up high. There are sheep present within a fenced area, the fence will not be electrified during the competition day.

Day 3 long distance: the competition zone is fully covered with forest. There are several zones with fine contour detail. The runnability is varied from very runnable to very hard to run in. Important to note; there may be exercise ammunition debris found on the terrain. We urge you **not to touch** these debris and a very special warning to our younger participants is adequate. Military terrain entails also tracks of different vehicle types. Recent tracks will not be drawn on the map. It is very probable that not all military foxholes are drawn on the map.

Special symbols:



Sand is not the usual colour,
but a combination of 50% yellow and 15 % black



Bush, mostly a holly

M/W-10 and -10B: These categories have free start times like the LD,SD and SE. Free maps for the adult followers are foreseen (not necessarily in colourprint).

Child-O: Daily in the immediate vicinity of the arrival zone. Free of cost.

Arrival procedure: Every participant will stop his competition time upon arrival by putting the Emit badge in the arrival control. After this he will direct him/herself to the computer to read out his ecard for the result. There you will receive a printout with the data of your competition, final time, intermediate times and whether the competition was run without mistakes. (**OK** on the ticket). In the event a competitor is not classified (Miss punch), an A4 sheet with his/her competition data will be printed. This page will be given to the competition jury. We kindly ask you not to start any discussion with the people operating the competition computer, their duty is to enter the competition data as soon as possible in the computer. Any questions concerning the competition can be asked to the people manning the competition secretariat. After the competition the participants can keep their competition map, we count on every ones fair play to not show this map to competitors that still have to start.

Leaving the competition: In all cases where a competitor leaves the competition for whatever reason, always pass via the finish computer in order to register your name and to prevent a useless search for missing people.

Jury: Names will be published on the internet page and at the competition centre.

Results: At the arrival arena and online via Helga-O.com/results. On the last day, the final result will be published 15 minutes before the prizegiving.

Attention: Check yourself for ticks !

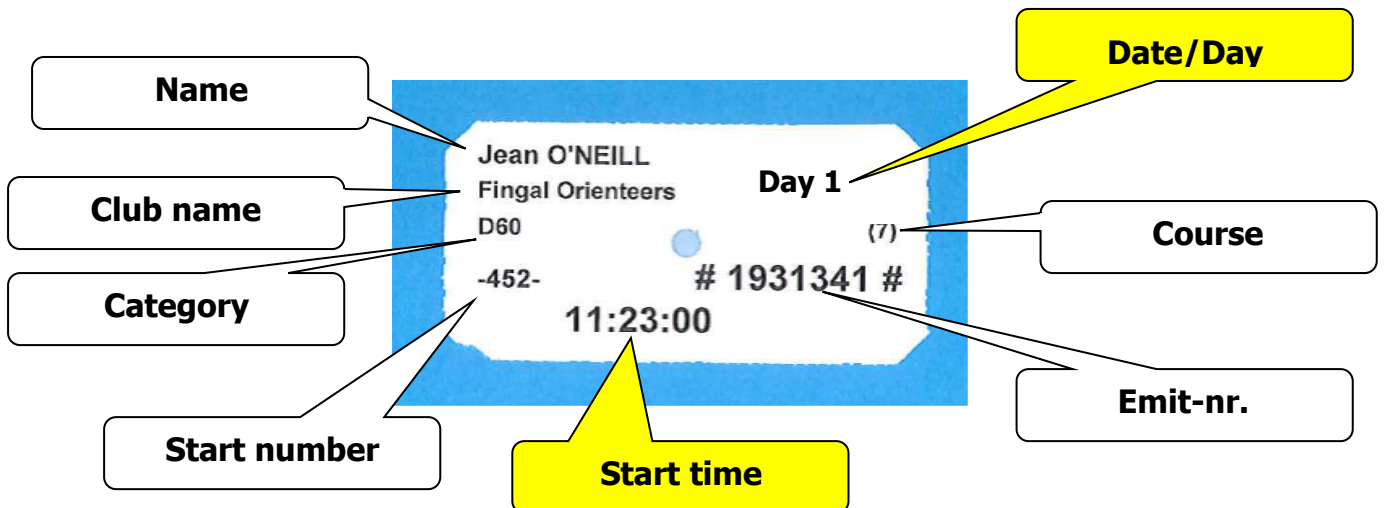
Miscellaneous: The first 3 of every category in the final result will receive a prize on Day 3. On day 3 a tombola will be held, based on your BIB-number.

Registration system - EMIT

The EMIT system will be used during the competition.

Backup label

All competitors will receive one backup label per day. This label has to be attached to the E-card. After the competition the runner has to keep the label. The label is used in case of problems with the time registration. Be careful to also punch the control post at the finish.

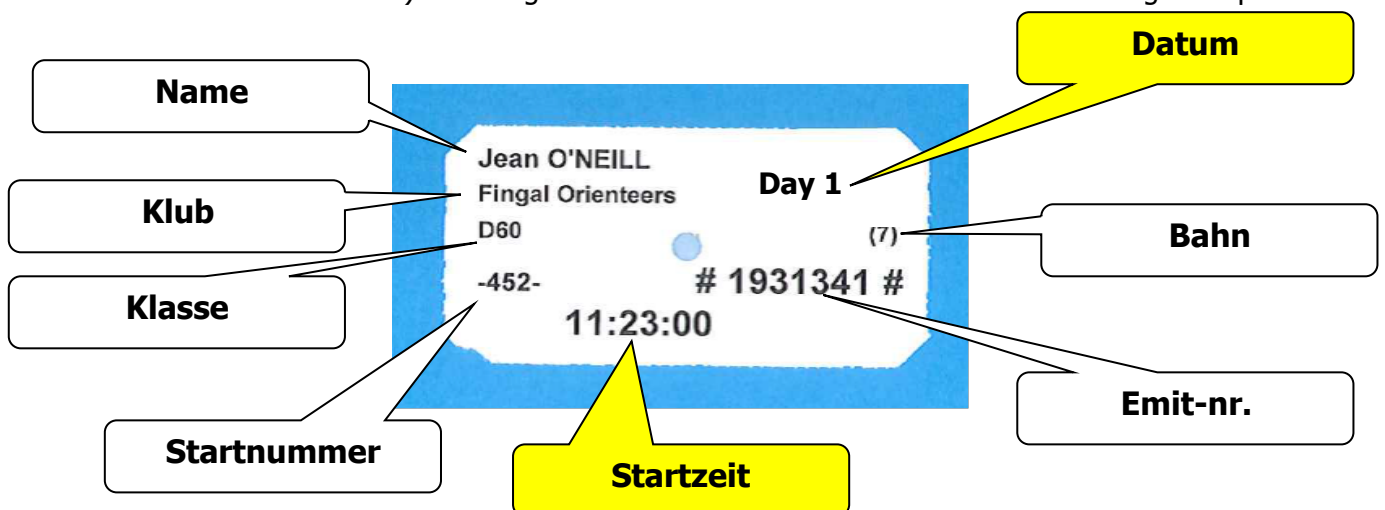


Zeitname - EMIT

Zur Zeitnahme werden in diesem Wettkampf Emits verwendet (siehe Abbildung oben, von rechts nach links: Unterseite, Oberseite, Unterseite mit eingelegetem 'backup label')

Backup-Label

Jeder Läufer bekommt ein Backup-Label, das in die Emit eingeleget werden muss (am besten mit Tesafilm oder Klebeband am Rand festkleben). Jeder Läufer muss das Backup-Label aufbewahren, bis die offiziellen Ergebnisse bekannt gegeben sind. Das Backup-Label ermöglicht es zu kontrollieren ob alle Posten angelaufen wurden. Dies ist nur notwendig, wenn es technische Probleme bei der Zeitnahme gibt (z.B. schwache Batterie in der Emit). Achtung: Auch der letzte Posten auf der Ziellinie muss gestempelt werden!



Système de poinçonnage EMIT: Pour cette compétition le système EMIT sera utilisé.

Backup Label (ticket sauvegarde): Chaque jour les compétiteurs recevront un ticket à fixer sur le badge EMIT, de préférence avec de la bande adhésive. Après la course, le compétiteur doit garder ce ticket pour pouvoir le montrer en cas de contestation. N'oubliez pas de poinçonner votre badge EMIT dans le poste sur la ligne d'arrivée.

Race information – Informations sur les parcours

Day 1

BOX	Classes	Schaal Echelle Scale	CC > Start CC > Départ	Afstand Distance	Posten Postes Controls	
1	ME	1/5000	150 m	6530 m	28	
2	M21, M35	1/5000	150 m	6050 m	26	
3	M-20, M40, WE	1/5000	150 m	5780 m	23	
4	M-18, M45	1/5000	150 m	5240 m	26	
5	M50, MB, W21, W-20	1/5000	150 m	5000 m	26	
6	M55, M-16	1/5000	150 m	5000 m	24	
7	W-18, W35, W40	1/5000	150 m	4650 m	20	
8	M60, W45, W50	1/5000	150 m	4100 m	22	
9	M65, M-14, W55, W-16	1/5000	150 m	3750 m	20	
10	M70, W60,W-14, WB	1/5000	150 m	3250 m	19	
11	M75,M80, M85, W65, W70, W75	1/5000	150 m	3070 m	16	
12	M-12, W-12	1/5000	150 m	2310 m	16	
13	M-10, W-10, M-10B, W-10B	1/5000	150 m	1930 m	11	
14	SE	1/5000	150 m	2940 m	15	
15	SD	1/5000	150 m	3820m	20	
16	LD	1/5000	150 m	5870 m	24	

Day 2

BOX	Classes	Schaal Echelle scale	CC > Start CC > Départ	Afstand Distance	Posten Postes Controls	
	FINISH < CC 450 m					
1	ME	1/10.000	1500 m	10900 m	31	
2	M21, M35	1/10.000	1500 m	8840 m	27	
3	M-20, M40, WE	1/10.000	1500 m	7940 m	24	
4	M-18, M45	1/10.000	1500 m	7410 m	25	
5	M50, MB, W21, W-20	1/7500	1500 m	6900 m	20	
6	M55, M-16	1/7500	1500 m	5930 m	24	
7	W-18, W35, W40	1/7500	1500 m	5340 m	22	
8	M60, W45, W50	1/7500	1500 m	5200 m	18	
9	M65, M-14, W55, W-16	1/7500	1500 m	4580 m	20	
10	M70, W60,W-14, WB	1/7500	1500 m	3820 m	15	
11	M75,M80,M85,W65, W70, W75	1/7500	1500 m	3190 m	13	
12	M-12, W-12	1/7500	1500 m	2660 m	15	
13	M-10, W-10, M-10B, W-10B	1/7500	1500 m	2470 m	11	
SE	SE	1/7500	1500 m	4030 m	14	
SD	SD	1/7500	1500 m	4440 m	16	
LD	LD	1/10.000	1500 m	7220 m	22	

Day 3

BOX	Classes	Schaal Echelle Scale	CC > Start CC > Départ	Afstand Distance	Posten Postes Controls	
1	ME	1/10.000	700 m	10380 m	30	
2	M21, M35	1/10.000	700 m	8760 m	26	
3	M-20, M40, WE	1/10.000	700 m	8080 m	25	
4	M-18, M45	1/10.000	700 m	7510 m	23	
5	M50, MB, W21, W-20	1/7500	700 m	6920 m	21	
6	M55, M-16	1/7500	700 m	5680 m	22	
7	W-18, W35, W40	1/7500	700 m	5170 m	23	
8	M60, W45, W50	1/7500	700 m	5020 m	20	
9	M65, M-14, W55, W-16	1/7500	700 m	4790 m	21	
10	M70, W60, W-14, WB	1/7500	700 m	3870 m	21	
11	M75, M80, M85, W65, W70, W75	1/7500	700 m	2980 m	16	
12	M-12, W-12	1/7500	700 m	2380 m	13	
13	M-10, W-10, M-10B, W-10B	1/7500	700 m	2380 m	12	
SE	SE	1/7500	700 m	3880 m	18	
SD	SD	1/7500	700 m	4520 m	16	
LD	LD	1/10.000	700 m	7560 m	22	

Photography: There will be photographers taking pictures and filming the event. If you do not wish your image to be recorded and published, please come to registration/enquiries to let us know.

Photographie: Des photographes prendront des photos et vont filmer. Si vous ne voulez pas être photographié(e), filmé(e) ou votre image publiée, prière de vous adresser au secrétariat.

Fotografie: Es wird fotografiert und gefilmt werden. Wenn Sie nicht fotografiert oder gefilmt werden möchten, bitte wenden Sie sich an das Sekretariat

Start procedure

**NO change of start times !!!
No BIB number = NO start !!!**

**PAS de changement de temps de départ !!!
PAS de dossard = pas de départ !!!**

